

## New T-Shirts

If you were in the parade, you probably all ready got your new t-shirt. More are available - \$25 each.

July 7, 2019

### Our Vision

*We are an urban, intergenerational, inclusive, and welcoming Christian fellowship woven into the fabric of our community.*

### Our Staff

Pastor	Rev. Linda McCollough
Ministers	All the Congregation
Office Manager	Martha Bentley
Music Director	Dan Ritter
Bell Choir Director	Karen Schneider

**Church Office Phone:** 763-788-9009

**Pastor Linda's Cell Phone:** 612-978-2917

Visit us online

[www.communitymethodistchurch.org](http://www.communitymethodistchurch.org)

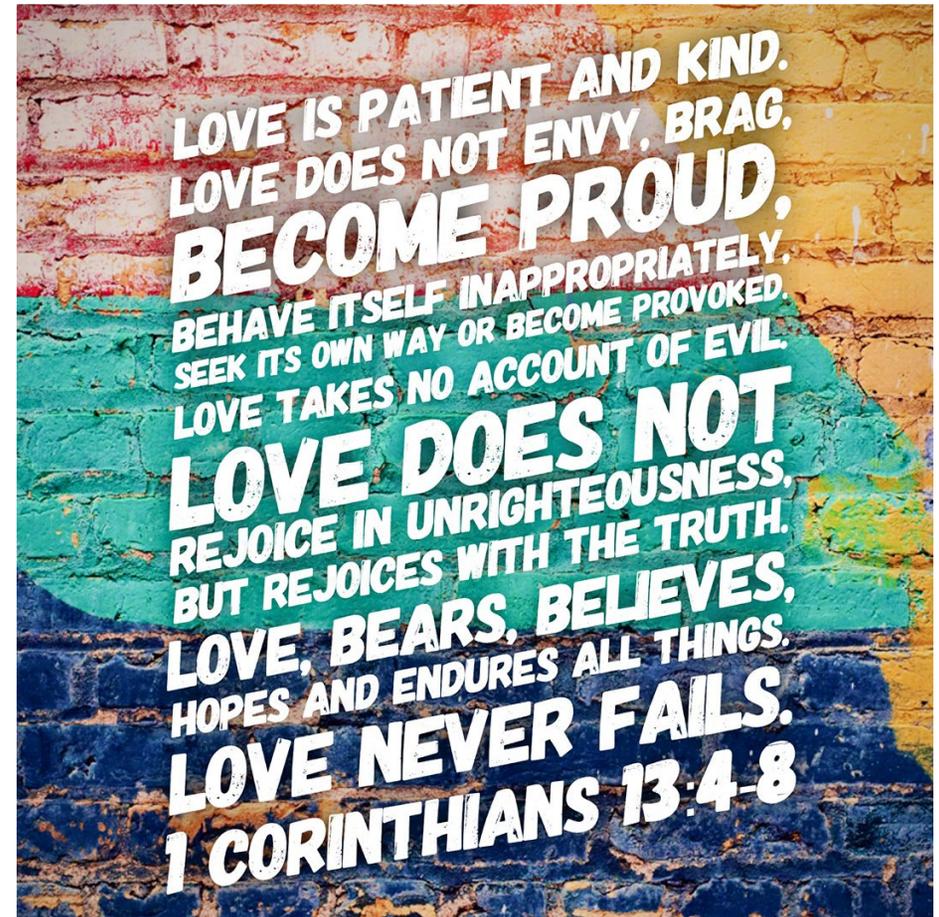
or find us on Facebook

**Pastor Linda McCollough:**

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Community United Methodist Church

950 Gould Avenue Northeast

Columbia Heights, MN 55421

763-788-9009

[www.communitymethodistchurch.org](http://www.communitymethodistchurch.org)

# This Week at a Glance

## Sunday, July 7, 2019

10:00 a.m.      Worship  
11:00 a.m.      Fellowship in Social Hall

## Monday, July 8, 2019

5:30 p.m.      Community Meal  
5:30 p.m.      Tie Dye for CH Pride

## Wednesday, July 10, 2019

9:45 a.m.      Wednesday Morning Bible Study

## Friday, July 12, 2019

11:00 a.m.      Chair Yoga

## Saturday, July 13, 2019

11:00 a.m.      Columbia Heights Pride (Sullivan Park)

## Sunday, July 14, 2019

10:00 a.m.      Worship  
11:00 a.m.      Fellowship in Social Hall  
11:15 a.m.      Blood Pressure Check in Social Hall

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## Thank you to our Worship Team

**Pastor:**              Rev. Linda McCollough  
**Greeters:**          Dick & Marilyn Meixner  
**Liturgist:**          Kari Trench  
**Music Leaders:**    Guest Musicians – Kathy Webb  
                                 & Alan Husby  
                                 Music Director – Dan Ritter  
                                 Bell Choir - Karen Schneider  
**Sound System:**    Andy Bixler/James Bordewick

# Announcements

## Guest Musicians

Thank you to our guest musicians this morning – Kathy Webb & Alan Husby.

## Columbia Heights Pride

Community UMC Core Team voted six months ago to support the local Pride event in Columbia Heights. We are using some of the love grant to be a sponsor this year and we will have a table at the event. Pastor Linda was asked around 10 months ago to help with the first annual event.

We want to express our love for all God's children and extend a welcome to anyone that may be looking for a church home in the Heights Community. We will have some question boards that link into the work we are doing with revitalization at our booth. We encourage you to stop by and support us if you are able. Pride is on **Saturday, July 13 from 2-5pm at Sullivan Lake Park**. There will be a children's area, table exhibitors from more than a dozen artists and non-profits that support the LGBTQI community, food trucks, and more. That evening will be a 21+ after-party at El Tequila restaurant, too.

## Loaves and Fishes Help needed!

Columbia Heights Rec holds summer park programs for children from pre-k to 8th grade and we are fortunate enough to have Loaves and Fishes donate lunches for these children all summer! We would love to have wonderful community members volunteer to assist with this free lunch program. Mondays, Tuesdays and Thursdays between 10:30am and 1:30pm are the times needing extra hands and would involve meal preparation, meal service and/or clean-up. 1st session runs from June 10 – July 2 and the 2nd session runs July 8 – August 1. Use this link (<https://www.signupgenius.com/go/8050e48a5a62cabfe3-chre cloaves>) to sign-up, or contact Katie Holznagel at 763-706-3733 or [KHolznagel@columbiaheightsmn.gov](mailto:KHolznagel@columbiaheightsmn.gov).

And so, with your people on earth and all the company of heaven we praise your name and join their unending hymn:

**Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

*Pastors words and blessings of elements.*

And so, in remembrance of these your mighty acts in Jesus Christ, we offer ourselves in praise and thanksgiving as a holy and living sacrifice, in union with Christ's offering for us, as we proclaim the mystery of faith.

**Christ has died, Christ is risen, Christ will come again.**

**The Lord's Prayer** Red Hymnal #895

*"Our (Father, Mother, God, Creator) ..."*  
please use whichever name you find meaningful.

### **Sharing the Bread and Cup**

*(elements are gluten and dairy free)*

Follow the ushers directions to come up – and through intinction (taking the bread in your hands and dipping in the cup to take the elements). Return by the outside pews as possible.

**Communion Music** *"Deep Enough to Dream"* Chris Rice

**\* Hymn** *"We Are Called"* Black Hymnal #2172

\* Please rise in body or spirit, as you are able

### **Benediction**

**Postlude** *"Up the River"* Alan Husby

## **Community United Methodist Church**

**July 7, 2019 – 10:00 a.m.**

*A time of quiet reflection is appreciated as we gather for worship. During this time, you may wish to use one of the prayer slips at the end of each pew to request a prayer to be lifted up during the service.*

### **Chimes**

### **Welcome and Announcements**

**Prelude** *"My Cathedral"* Chris Rice

### **\* Gathering Words**

*We come together each week to engage one another hearts and connect with God and one another.*

**We pray for our beliefs to grow in love, kindness and hope.**

*Our beliefs measure the place for our values to be lived out.*

**The truths of our beliefs determine our attitudes and opinions. May God move us where we need to be in living out values and beliefs daily. Amen.**

**\* Hymn** *"Immortal, Invisible, God Only Wise"*

Red Hymnal #103

\* Please rise in body or spirit, as you are able

**Prayer to Begin** adapted from Howard Thurman

**We bare our lives to the scrutiny, to the judgment, to the love of God. There is so much that burdens the mind, that peoples the thoughts, that again and again we are confused even in the great quiet Presence of God. We yield to Him our confusions: the chaos of our minds and spirits; the tensions that tame the glory of the love of God out of our lives. Amen.**

Breakthrough Prayer for our church

**Good and Generous God,**

**Your grace and love are an outpouring for me; I give thanks for all that you have given me and our church. O God, we thank you for the presence of our congregation in this community for 112 years. We are blessed to be a blessing to others through our works, mission and service, and ministries. Continue your guidance in our hope and future for this congregation. Grant us leaders who are faithful, listen and make your purposes clear. Pour out your Holy Spirit on us. Help us to be bold in our witness, invitation, hospitality, studying, generosity, and creativity. Bless us with new adventures, leaders, visitors, and members! Enlarge our territories. Breakthrough the comfort and complacency zones with bold faith. Help us to grow more in love with you, God, and our neighbors. Guide us to take risks in your name and for Your Kingdom. Amen.**

**Annual Conference Report**

Naomi Jones

\* **Hymn**     *"Morning Has Broken"*     Red Hymnal #145

\* Please rise in body or spirit, as you are able

**Children's Time:**

*Children are invited to use the activity tables during the worship service*

**Scripture**

1 Corinthians 13:4-7     *(all from CEB)*

2 Corinthians 10:5

Matthew 6:1-2

Romans 12:1-2

The words inspired by God for the people of God.  
**Thanks be to God.**

**Sermon**

"Values and Beliefs"

**Offertory**

*"Give Thanks"*

Black Hymnal #2036, 2x

First time: Kathy Webb & Alan Husby

**Second time: All**

**The Great Thanksgiving**

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them up to God.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you.

Merciful God, in all our celebration, fireworks, parades, and gatherings we have proclaimed liberty and freedom. Yet our hearts are chained by anger, doubt, terror, and fear. We live in those chains, often not knowing that there is really any other way. We have become accustomed to our imprisonment. Forgive us when we turn away from your freeing love. Help us to place our trust in you and serve you by working with others for peace and hope for all. These things we ask in Jesus' Name. **AMEN.**

**Reach out! Stretch your Spirits! God's love has freed you from oppression and fear! You have been made whole in God's eternal love. AMEN.**